



During Cold Weather

If indoors:

- Stay indoors and dress warmly.
- Conserve fuel.
- Lower the thermostat to 65 degrees during the day and 55 degrees at night. Close off unused rooms.
- If the pipes freeze, remove any insulation or layers of newspapers and wrap pipes in rags.
- Completely open all faucets and pour hot water over the pipes, starting where they were most exposed to the cold (or where the cold was most likely to penetrate).
- Listen to the radio or television to get the latest information.
- Residents need to be extra careful when using supplemental heating units. Make sure that all-combustible materials such as drapes or chairs are at least three feet away from any heating unit. Avoid using flammable liquids to start fireplaces and do not leave a fireplace unattended. Most importantly, check your smoke detector to make sure it is working properly.

If outdoors:

- Dress warmly.
- Wear loose-fitting, layered, lightweight clothing. Layers can be removed to prevent perspiration and chill. Outer garments should be tightly woven and water repellent. Mittens are warmer than gloves because fingers generate warmth when they touch each other.
- Keep dry.
- Change wet clothing frequently to prevent a loss of body heat. Wet clothing loses all of its insulating value and transmits heat rapidly.

Safety Tips for Carbon Monoxide

- Install UL approved carbon monoxide detectors
- Have appliances using combustible fuels installed by a professional and checked at least once a year for proper ventilation
- Never run your car in the garage with the garage door closed
- Check your vehicles for exhaust leaks
- Never use a gas range to heat your home
- Never burn charcoal in an unventilated area
- Never adjust your own pilot light
- Check chimneys and flues for proper ventilation
- Never use an unvented combustion heater indoors
- Avoid smoking indoors